

Order of Events for Osmond, Wausa, Plainview Triangular

Tuesday, March 28, 2017 at 4:00

Field Events

Long Jump girls followed by boys	Pole Vault boys followed by girls	Triple Jump boys followed by girls
Wausa	Plainview	Wausa
High Jump girls followed by boys	Shot boys followed by girls	Discuss girls followed by boys
Osmond	Plainview	Osmond

Running event order (starts whenever ample participants & timers are ready)

4x800 relay (girls and boys together)
 100-meter High Hurdles (33inches)
 110-meter High Hurdles (39inches)
 100-meter Dash
 1600-meter Run
 4x100 meter Relay
 400-meter Dash
 300-meter Intermediate Hurdles (30 & 36 inches)
 800-meter Run
 200-meter Dash
 3200-meter run (may run boys and girls together)
 4x400-meter Relay